DR. SONI **SOUL**UTIONS

The Science of Sequential Healing for Brain and Body

Prabhat Soni, MD FCCP, DABSM, DABOM, DAAAM, ABAARM

We utilize a combination of FDA approved medications and well as bio-available dietary supplements to re-calibrate your metabolism efficaciously.

Our customized protocols are supervised by a board certified Bariatric/Obesity
Medical Specialist.

SLEEP & SEX FITNESS MEDICAL INSTITUTE and more...



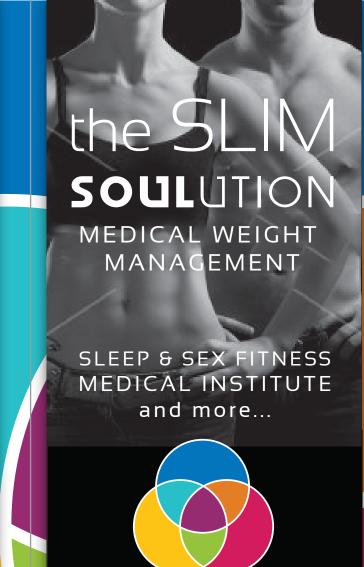


Prabhat Soni, MD, FCCP, DABSM, DABOM, DAAAM, ABAARM

8 Board Certifications

Bariatric / Obesity Medicine
Sleep Medicine
Anti-Aging / Hormone / Regenerative
/ Stem Cell Medicine
Aesthetic and Cosmetic Medicine
Pain Management
Pulmonary and Allergy Medicine
Critical Care
Internal Medicine
Assistant Professor at Weil Medical
College-Cornell University

(718) 787-1900 sleeptobeslimnyc.com





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THE SLIM SOULUTION

Not all weight management methods are created equal. Dr. Soni Soulutions focuses on true fat loss and inch reduction as opposed to muscle, bone and water loss. Learn what, how and when to eat:

- Meal consumption frequency and volume
- Frequent small meals to stabilize sugar spikes
- Upgrades to organic, low glycemic food selections
- To implement mind over matter exercises to escape the un-natural life



TRUE F/IT LOSS

WHAT MAKES THIS DIFFERENT?

The Slim Soulution is not limited to the boundaries of weight loss associated with classic dieting programs, destined to be followed by potential weight gain. Our proprietary approach is to use the waistline measurement as the direct correlation to your life line and overall quality of health, thus inch loss is the superior determining success value factor

WHAT ARE THE METHODS OF **ASSESSMENTS?**

methods unique We use assessments including а BODY COMPOSITION **EVALUATION** determine your specific ratio of fat, water, muscle and bone; the goal is to maximize fat loss while maintaining muscle and bone mass

We address the both the medical and emotional causes for the weight problem and use a 7 point fat loss program for weight management.

IS THE PROGRAM COVERED BY MY **INSURANCE?**

Medical weight management typically covered by most insurance plans, however we recommend that you consult with your carrier.



trigger hormone imbalances.

