

DR. SONI SOLUTIONS

The Science of Sequential
Healing for Brain and Body

Prabhat Soni, MD
FCCP, DABSM, DABOM, DAAAM, ABAARM

We utilize a combination
of FDA approved
medications and well as
bio-available dietary
supplements to re-calibrate
brain and body alignment
efficaciously.

Our customized protocols
are supervised by a board
certified Medical
Specialist.

SLEEP & SEX FITNESS
MEDICAL INSTITUTE
and more...



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SOLUTIONS

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8 Board Certifications

Anti-Aging / Hormone / Regenerative
/ Stem Cell Medicine
Bariatric / Obesity Medicine
Sleep Medicine
Aesthetic and Cosmetic Medicine
Pain Management
Pulmonary and Allergy Medicine
Critical Care
Internal Medicine
Assistant Professor at Weil Medical
College-Cornell University

(718) 787-1900

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the SPIRIT SOLUTION



MEDICAL DEPRESSION
MANAGEMENT

SLEEP & SEX FITNESS
MEDICAL INSTITUTE
and more...



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THE SPIRIT SOLUTION

Some degrees of depression are normal as they are the body's survival indicators, while others are a result of hormonal or systemic imbalances.

Triggers may encompass provocation from both intrinsic and/or extrinsic origins such as environmental irritants including exposure to atmospheric toxins and second hand smoke.

We employ **FDA approved** therapies as well as medical and/or integrative protocols to restore joy of life and a sense of well-being to manage depression. These are specifically tailored (where possible) to address not only the symptoms but the origin(s) of depression, including but not limited to:

- genetics
- brain biology and chemistry
- life events
- medical conditions



RESTORE
JOY OF
LIFE AND
WELL-BEING.

Ask today
for a
customized
Solution
for help with
managing
SPIRIT.

